



March 17, 2020

## Update #2

The Town of Strasburg provides the following information in addition to the previous release issued on **Thursday, March 12, 2020**. Town staff sifts through several of pieces of literature and updates daily and condenses all that into information that we hope can be helpful in your planning, daily choices, and interactions.

Please note that the Town of Strasburg does not maintain a Health Department nor does it directly provide health care services. We rely on the expertise of our state, regional, local, and private partners in health care.

- **Know the COVID-19 [sign and symptoms](#).** Fever, cough, and shortness of breath may appear **2-14 days after exposure**.

### Important Note:

Please call you doctor or health care provider **before** going anywhere for treatment.

- **Have questions about COVID-19 itself?** The Lord Fairfax Health District has a call center in Winchester. Call 540-771-3991. This [Virginia Department of Health FAQ](#) also has lots of answers.
- **Price gouging is illegal.** If you see this, please report it to the [Virginia Attorney General's Office](#).
  - <https://oag.state.va.us/consumer-protection/>
- **Panic buying and hoarding reduce community resilience and drive up prices.** Get only what you need. In order for Strasburg to stay safe and healthy, everyone needs to take care of themselves and their families. Keep vulnerable populations in mind (elderly, sick, homeless, and low-income) when deciding how much to buy. Many shelves are empty in stores regionally, including Strasburg.

### Important Note:

Consider others and purchase in normal quantities.

- **Stay informed with the right sources.** Remember to check the [Strasburg COVID-19 webpage](#) for the latest on Town meetings and events as well as updates and preparedness information.
- **The Town of Strasburg encourages its citizens to Be Prepared.** The Virginia Department of Emergency Management has [great information](#) for preparedness at the family level for *any* event. [Ready.gov](#) is also another informative source.